



*Sacred Heart Catholic Primary School and  
Nursery*  
Headteacher Mr C Beazeley  
Windermere Road, Southend on Sea, Essex, SS1 2RF  
Phone: 01702 534546  
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Tuesday 4<sup>th</sup> December

Dear Parent/Career,

Stone Age Day – Thursday 18<sup>th</sup> January

In the New Year, year 3 will continue their learning of Ancient British History and will be covering the topic of the Bronze and Iron Age. On the 18<sup>th</sup> January, the children will be able to experience a visit from Portals to the Past who provide an immersive historical workshop for the day. To become fully immersive we are asking pupils to come dressed up on the day, please see suggestions below.

The workshop leaders are trained bush-craft experts, and have a detailed understanding of ancient technology and how is still used by some societies around the world today.

The workshop will run for the entirety of the school day (09:15-15:00) and consists of a group investigation, where students explore numerous informative displays and artefacts, and get hands-on experience of ancient technology and skills. This is interspersed with interactive discussions on about hunting and gathering, cave art, how people lived/daily life, hill forts and trade.

These sessions will enrich the learning the children will have started within the classroom and will provide the practical and immersive experience that they need to develop in the historical understanding.

The cost of this workshop is £6.5 and can be payed via School Money.

If you have any questions please email the office at [office@sacredheart.southend.sch.uk](mailto:office@sacredheart.southend.sch.uk)

Yours Sincerely

Miss Brown and Mrs Elvidge

Year 3 Class Teachers

*Headteacher: Mr C Beazeley*  
Part of the Assisi Catholic Trust Ltd,  
Registered address: Kenilworth Gdns, Leigh on Sea, Essex.SS0 0BW  
Registered in England. Company No-07696989





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This is the style of men's dress in the Bronze Age Men.

The weather was warmer at the beginning of the Bronze Age, so less clothes were needed.

**DRESSING AS CELTS**

Have you got a **Boudicca** in your school?  
 What was the name of the tribe in your area? Do some research!

Dressing as a Celt is easy.  
 Wear lots of clashing checked clothes.

Spike up your hair. Paint spiral designs on your face and arms with blue face paint.

Girls and boys can be warriors.



If you want to be a high status or rich Celt, make a gold TORC to wear around your neck.

Rich Britons wore chain mail. This you can make from onion bags sprayed silver. These you can get from local supermarkets or greengrocers.

Make a shield from a large piece of strong cardboard and paint with spiral designs or copy the designs here. Put a strip of strong card across the back of your shield to use as a handle.

The shield should cover from you chest to your knees. Most Celts fought with spears.

Only very rich Celts had swords. (Maximum sword length is 50cms.)  
 Only use cardboard to make any weapons.



**IRON AGE WOMEN'S DRESS**

The style of overdress is called a peplos. Please see the instructions to make below. It is fastened at the shoulder with brooches.

Women would have worn a long plain underdress as well.

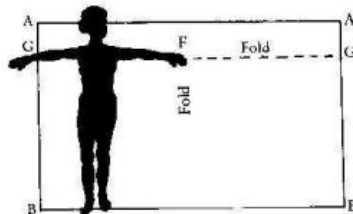
A cloak made from wool or animal fur would have been worn in the winter.

Shoes would have been made from leather.

This is Otzi. He was alive in the last Ice Age. He died and was frozen, where he remained until archaeologists found him a few years ago.

He is wearing animal skin trousers, coat and shoes, and a woven grass cape.

This kept him dry, as the rain just runs off.



Again, make the front a little wider than the back to allow for the neckline



**PEPLOS**

Alternative to Tunic

**STOLA** (rectangular wrap overdress, worn over tunic) would be made and worn similar to peplos, but without the fold-down.



Pattern for peplos with overfold to waist, made from a queen-size sheet, belted at the waist under the overfold panels with kolpos (pouch of material bunched over belt) showing.



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