



SCHOOL DINNER MENU (WEEK A)



Monday	Tuesday	Wednesday	Thursday	Friday
Dinner choices				
Chilli Beef Wholegrain rice	Macaroni Cheese (D, G) Broccoli and Carrots	Sausage (P) and Mashed Potato (D) Peas and Runner beans	Roast chicken, roast potatoes and gravy (G, S) Mixed vegetables	Fish Fingers (G, F) and Chips Baked beans
Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)
Packed Lunch choices				
Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Tuna mayo wrap (G, F, E)
Available every day: Salad bar options to accompany dinner/packed lunch choices				
Dessert choices				
Iced sponge (D, G, E)	Cherry Shortbread (D, G)	Apple and berry crumble with custard (D, G)	Chocolate Mousse (D, G, E, S)	Fruit Jelly (BG)
Available every day: Fresh fruit salad / Yoghurt (D) as a dessert option				
Drink options: Milk (D) / Water				

Allergen Key – CAPITAL LETTERS = contains

(D) – Dairy **(G)** – Gluten **(F)** – Fish **(P)** – Pork **(E)** – Egg **(BG)** – Beef Gelatin **(S)** – Soya



SCHOOL DINNER MENU (WEEK B)



Monday	Tuesday	Wednesday	Thursday	Friday
Dinner choices				
Beef Lasagne with Crusty bread (D, G)	Sweet and Sour Chicken with Rice (G, F, S) Sweetcorn	Tuna Pasta Bake, with wholegrain pasta (G, F)	Roast Pork, roast potatoes and gravy (G, S) Mixed vegetables	Salmon Fish Fingers (G, F) and Chips Peas
Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)	Jacket Potato with ... Beans Cheese (D) Tuna Mayo (F, E)
Packed Lunch choices				
Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Ham Sandwich (P) Tuna mayo wrap (G, F, E)	Cheese Sandwich (D) Tuna mayo wrap (G, F, E)
Available every day: Salad bar options to accompany dinner/packed lunch choices				
Dessert choices				
Strawberry Mousse (D, G, E, S) and strawberries	Chocolate Sponge and Chocolate Custard (D, G, E)	Oat and Raisin Cookie (D, G)	Rice Pudding (D)	Mandarin Jelly (BG)
Available every day: Fresh fruit salad / Yoghurt (D) as a dessert option				
Drink options: Milk (D) / Water				

Allergen Key – CAPITAL LETTERS = contains

(D) – Dairy **(G)** – Gluten **(F)** – Fish **(P)** – Pork **(E)** – Egg **(BG)** – Beef Gelatin **(S)** - Soya