



*Sacred Heart Catholic Primary
School and Nursery*

*Windermere Road,
Southend on Sea, Essex, SS1 2RF
01702 534546*

office@sacredheart.southend.sch.uk



Dear Parent/Carer

Your child has been selected to take part in the **KS1 Cross Country** event at Garons park on the **29th September**. Your child will leave Sacred Heart by coach at 09:20am and will return to school approximately at 11:10am. Please send your child to school in their PE kit. **Parents are not allowed to come and watch this event.**

In preparation for this event I would like to invite your child to a **morning running club on a Monday before school**. This will take place **only** on the following dates.

Monday 20th September

Monday 27th September

Please drop your child at school at 7:55am at our junior gate. Morning club will start prompt at 8:00am and will finish at 8:30am.

Year 1	Year 2
Luna M	Bella R
Hollie F	Jessica H
Divine- Grace N	Amelia S
Jemima A-Y	Aurora B
Hannah H	Jasmine F
Cara C	Kathryn N
Carter R	Keanu S
Ian H	Stanley M
Owen H	Thoriso H
Finn M	Luca O
Oliver C	Isaac R
Riley-George S	Noah C

Children must remember to bring the following items to the competition:

- Water and drinks for energy and replenishing fluids.
- Energy snack like bananas.
- Appropriate footwear for running on grass (Trainers)
- Please apply Sun cream and bring a sun hat for good weather.
- VERY Warm and waterproof clothing for poor weather.



Southend-on-Sea



Silver Quality Mark 2013/14



Headteacher: Mrs Janet Mullally

Part of the Assisi Catholic Trust Ltd,

Registered address: Kenilworth Gdns, Leigh on Sea, Essex SS0 0BW

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If you are willing for your child to take part in one of the events please can you register your child's place on our School Money site. This must be done to ensure we have had your permission and so that we know you are attending. . If you have any difficulties or concerns please speak to the school office.

Yours sincerely,
Mr Jarvis

PE teacher



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