

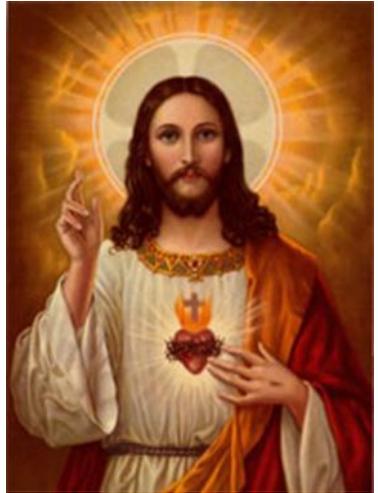
Sacred Heart Catholic Primary School and Nursery

Prayer Book 2019

Sign of the cross

This prayer, a mixture of words and gestures recalls the death of Jesus. With words we express our belief in the unity and the trinity of God

In the name of the Father
and of the Son
and of the Holy Spirit.
Amen.



Sacred Heart School Mission statement

Our mission statement is a formal, short, written statement to remind us of the purpose of our school.

Love of God
Love of one another
Love of our world
Love of learning

School prayer

This is our personal school prayer, a mixture of words and gestures.

This is our school
Let love be here with us
Love of God

Love of one another
Love of our world
And love of learning.

Let peace dwell here
Let our school be filled
With happiness.

Let us remember that
As so many hands
Build a house
So many loving hearts
Build our school.

Amen

Our Father

The most beautiful prayer Jesus taught his disciples.

Our Father, who art in heaven,
Hallowed by thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those
who trespass against us;
And lead us no into temptation,
But deliver us from evil.
Amen.

Hail Mary

A prayer to Our Lady, the Mother of Jesus, our Mother.

Hail Mary, full of grace,
The Lord is with thee.

Blessed art thou among women,
And bless is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at
the hour of our death.

Amen.

O Sacred Heart

A repetitive short prayer to help us to focus.

O Sacred Heart of Jesus,
I place all my trust in you.

O Sacred Heart of Jesus,
I place all my trust in you.

O Sacred Heart of Jesus,
I place all my trust in you.

Come Holy Spirit

A short prayer to the Holy Spirit

Come Holy Spirit,
fill the hearts of your faithful.
Enkindle in them the fire of your love.

Send forth your Spirit
and they shall be created
and you shall renew the face of the earth.

Glory be

A prayer of praise and gratitude to the Trinity of God.

Glory be to the Father,
And to the Son,
And to the Holy Spirit.
As it was in the beginning,
Is now and ever shall be,
World without end.
Amen.

Morning offering-Juniors

Father in heaven, you love me,
You're with me night and day.
I want to love you always
In all I do and say.
I'll try to please you, Father
Bless me through the day. Amen

Grace before meals

Bless us, O God, as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us, O God. Amen.

Grace after meals

Thank you, God,
for the food we have eaten.
Thank you, God, for all our friends.
Thank you, God, for everything.
Thank you, God. Amen.

Evening prayer

Before we leave our friends at school, we sing this prayer together.

God our Father, I come to say
Thank you for your love today.
Thank you for my family,
And all the friends you give to me.
Guard me in the dark of night,
And in the morning send your light.
Amen.

Eternal Rest

We pray this for those who have died as we believe in the resurrection.

Eternal rest grant to them, O Lord.
And let perpetual light shine on them.
May they rest in peace. Amen

Act of Contrition, Act of Sorrow

A prayer to say when we to reconcile ourselves with God.

O my God,
Because you are so good,
I am very sorry that I have
Sinned against you and by

The help of your grace
I will try not to sin again.
Amen.

Act of Charity

O my God,
I love you with all my heart,
With all my soul,
and with all my strength.
Lord, increase our love.
Help us to love one another.
Amen.

Prayer to the Guardian Angel

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

The Angelus

This is an ancient prayer traditionally recited at midday and at 6pm. It recalls the occasion when the Angel Gabriel told Our Lady that she was to become the Mother of God.

The angel of the Lord declared unto Mary,
and she conceived by the Holy Spirit.
Hail Mary.....

Behold the handmaid of the Lord:
be it done to me according to thy word.
Hail Mary

The Word was made flesh,
and dwelt among us.
Hail Mary

Pray for us, O holy Mother of God,
that we may be made worthy of the
promises of Christ.

Let us pray: Pour forth, we beseech you, O Lord, your grace
into our hearts, that we to whom the Incarnation of Christ,
your Son, was made known by the message of an angel, may be
his passion and cross, be brought to the glory of his
resurrection, through Christ our Lord. Amen.

Hail Holy Queen

*A prayer of total trust and surrender to the motherly care of Mary,
Queen of all hearts and Queen of the universe.*

Hail, Holy Queen, Mother of mercy,
Hail our life,
Our sweetness and our hope.
To you do we cry
poor banished children of Eve;
to you do we send up our sighs,
mourning and weeping
in this valley of tears.

Turn then most gracious advocate,
your eyes of mercy towards us;
and after this our exile,
show us the blessed fruit
of your womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

The Magnificat

Mary's song of praise was first sung to her cousin Elizabeth (Luke 1:46-55). It is sung daily at Evening Prayer.

My soul glorifies the Lord,
My spirit rejoices in God my Saviour.
He looks on his servant in her lowliness;
Henceforth all generations will call me blessed.
The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.
He puts forth his arm in strength
And scatters the proud hearted.
He casts the mighty from their thrones
And raises the lowly.
He fills the starving with good things,
Sends the rich away empty.
He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons forever.
Glory be to the Father and to the Son

and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.
Amen.

The Benedictus

The Canticle of Zechariah, father of John the Baptist, is taken from Luke's Gospel (Luke 1:68-79) It is sung daily at Morning Prayer.

Blessed be the Lord, the God of Israel! He has visited his people
and redeemed them.

He has raised up for us a mighty saviour

In the house of David his servant,

As he promised by the lips of holy men,

Those who were his prophets from of old.

A saviour who would free us from our foes,

From the hands of all who hate us.

So his love for our fathers is fulfilled

And his holy covenant remembered.

He swore to Abraham our father to grant us,

that free from fear, and saved from the hands of our foes,

we might serve him in holiness and justice

all the days of our life in his presence.

As for you, little child,

you shall be called a prophet of God, the Most High.

You shall go ahead of the Lord

To prepare his ways before him.

To make known to his people their salvation

Through forgiveness of all their sins,

The loving-kindness of the heart of our God

Who visits us like the dawn from on high.

He will give light to those in darkness,

Those who dwell in the shadow of death,

And guide us into the way of peace.
Glory be to the Father and to the Son
and to the Holy Spirit, as it was in the beginning, is now, and ever
shall be,
world without end.
Amen.

Order of Mass



Introduction rites

As the Priest greets us, we respond:

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

People: Amen

Priest: The Lord be with you.

People: And with your spirit.

Penitential Rite:

We say this together after thinking about what wrongs we have done.

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done,
and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary,
ever Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our
God.



Gloria

We sing or say the Gloria to praise God. (except during Advent or Lent)

Glory to God in the highest,
and on earth peace to people of goodwill.
we praise you
we bless you
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father,

Lord, Jesus Christ, only Begotten Son,
Lord God, Lamb of God, Son of the Father
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the Glory of God the Father.
Amen.

Liturgy of the Word.

Most of the time there will be a first reading from the Old Testament and second reading from the New Testament.

The reader ends by saying:
The word of the Lord

We answer:
Thanks be to God

The Gospel
We stand up to greet the Gospel.

Priest: The Lord be with you.

People: And with your spirit

Priest: A reading from the Holy Gospel according to
(Matthew, Mark, Luke or John, the four evangelists)

People: Glory to you, O Lord.

We make a cross on our head, lips and heart with our right thumb to remind us to think about the Gospel, speak about it and carry it in our hearts.

After the Gospel reading:

Priest: The Gospel of the Lord.

People: Praise to you, Lord Jesus Christ.

(no gestures)

Apostles Creed

This is a summary of our Christian faith. When we recite the Creed, we express

our belief in a shared common faith.

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died and was
buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

The presentation of the Gifts:

Priest: Blessed are you Lord, God of all
creation. Through your goodness
we have this bread to offer, which
earth has given and human hands

have made. It will become for us
the bread of life.

People: Blessed are you Lord.

Priest: Blessed are you Lord, God of all
creation. Through your goodness
we have this wine to offer, fruit
of the vine and work of human
hands. It will become our spiritual
drink.

People: Blessed are you Lord.

Invitation to prayer:

*The Priest invited us to pray to God
to accept our gifts.*

Priest: Pray, brethren, that my sacrifice
and yours may be acceptable to
God, the almighty Father.

People: May the Lord accept the sacrifice
at your hands for the praise and
glory of his name, for our good and
the good of all his church.

*We praise and thank God
for all the beauty in our lives.*

Priest: The Lord be with you.

People: And with your spirit.

Priest: Lift up your hearts.

People: We will lift them up to the Lord.

Priest: Let us give thanks to the Lord our
God.

People: It is right and just.

After further prayers we all sing:

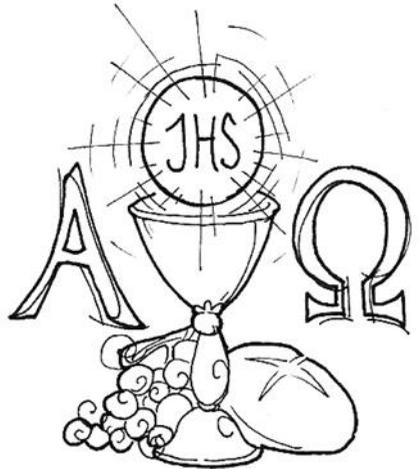
Holy, holy, holy Lord God of hosts
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The Mystery of Faith

We proclaim your Death, O Lord,
And profess your Resurrection
Until you come again.

When we eat this Bread and drink this cup,
We proclaim your Death, O Lord,
Until you come again.

Save us, Saviour of the world,
For by your Cross and Resurrection
You have set us free.



The breaking of the Bread

The priest breaks the bread

as Jesus did at the Last Supper. Meanwhile we sing or say:

Lamb of God,
you take away the sins
of the world:
have mercy on us.

Lamb of God,
you take away the sins
of the world:
have mercy on us.

Lamb of God,
you take away the sins
of the world:
grant us peace.

Behold
the
Lamb of
God, which
taketh away
the sin of the
world.

John 1: 29



Communion

The altar is set and the Supper of the Lord is ready.

Priest: Behold the Lamb of God,
Behold him who takes away
the sins of the world.
Blessed are those called
to the supper of the Lamb.

People: Lord, I am not worthy
That you should enter under my roof,
but only say the word
and my soul shall be healed.

Priest: The body of Christ

People: Amen

Concluding Rite

The Priest blesses everybody in God's name.

Priest: The Lord be with you.

People: And with your spirit.

Priest: May almighty God bless you,
the Father
and the Son,
and the Holy Spirit.

People: Amen

Priest: The Mass has ended,
go in peace
to love
and serve the Lord.

People: Thanks be to God.